

# NCTF BOOST® AFTER CARE

(NTTF® Injectable)



## What To Expect:

After your treatment you may leave clinic with lots of small bumps where the product has been injected. These small bumps can last anywhere from 1 hour to 48 hours before dispersing under the skin.

Bruising is the most common side effect and usually shows immediately and will last for 3-5 days. There can also be some mild swelling and tenderness. This is all completely normal and generally reduces within a few days to a week. No recovery time is required, and you can return to your daily activities immediately.

## Aftercare:

- Do not wash your face or apply any skincare products for 4-6 hours
- Do not apply makeup for 4-6 hours.  
*Once 24 hours has passed and you wish to wear makeup, please ensure your brushes are clean and sanitised*
- Avoid exercise / sweating for 24 hours
- Avoid swimming, sauna's and spa environments for 48 hours
- Make sure that you are also avoiding direct sun exposure.

If you suffer severe pain, heat, redness or unusual disturbances (including visual) contact our urgent after-hours number on 0413 835 867. Please note this is for urgent concerns only. Alternatively, please call during the open clinic hours on (08) 9389 9099.